

MONUMENT PARK STAKE RELIEF SOCIETY NEWSLETTER



RS VISION: WE ARE WOMEN DISCIPLES OF JESUS CHRIST

DEAR RS PRESIDENCIES,

OH, HOW I LOVE MINISTERING! I HAVE ALWAYS CHERISHED THE OPPORTUNITY TO MINISTER (OR PARTICIPATE IN VISITING TEACHING, AS IT WAS CALLED WHEN I FIRST LEARNED ABOUT IT). WHEN I WAS NEWLY MARRIED, WE MOVED FREQUENTLY, BUT I ALWAYS KNEW I WOULD HAVE AT LEAST THREE PEOPLE I COULD CONNECT WITH: MY COMPANION AND OUR MINISTERING SISTERS. OVER THE YEARS, MANY OF THESE SISTERS HAVE BECOME CLOSE FRIENDS, AND I STILL KEEP IN TOUCH WITH THEM.

MINISTERING HAS ALLOWED ME TO BUILD MEANINGFUL RELATIONSHIPS AND SERVE OTHERS IN WAYS THAT HAVE DEEPLY ENRICHED MY LIFE. WHILE THERE HAVE BEEN TIMES WHEN MINISTERING WAS CHALLENGING—WHEN CONNECTING WITH SISTERS DIDN'T COME EASILY—PRAYER AND PERSISTENT LOVE HAVE STRETCHED AND CHANGED ME FOR THE BETTER.

RECENTLY, I HAD AN EXPERIENCE THAT STRENGTHENED MY TESTIMONY OF THE SAVIOR'S LOVE THROUGH MINISTERING. MY COMPANION AND I PLANNED TO VISIT ONE OF OUR MINISTERING SISTERS AND BRING HER A TREAT. BEFORE OUR VISIT, I FELT WORRIED THAT I WASN'T ADEQUATELY MEETING HER NEEDS. SHE WAS GOING THROUGH SO MUCH, AND I FELT UNQUALIFIED TO PROVIDE THE SUPPORT SHE NEEDED. MY SWEET COMPANION REASSURED ME, SAYING, "YOU ARE DOING AWESOME. YOU ARE DOING ALL THAT YOU CAN." HER KIND WORDS COMFORTED AND UPLIFTED ME.

WHEN WE VISITED AND DROPPED OFF A MEAL, THE ROOM WAS FILLED WITH LOVE—LOVE FOR THIS SISTER AND HER FAMILY. THEIR GRATITUDE FOR THIS SMALL ACT OF SERVICE WAS OVERWHELMING, AND I FELT THE SAVIOR'S LOVE FOR HER SO PROFOUNDLY.

PRESIDENT CAMILLE N. JOHNSON BEAUTIFULLY TAUGHT, "BECAUSE WE LOVE GOD AND HAVE COVENANTED TO SERVE HIM, WE CAN PARTNER WITH THE SAVIOR TO HELP PROVIDE TEMPORAL AND SPIRITUAL RELIEF FOR THOSE IN NEED—AND IN THE PROCESS, FIND OUR RELIEF IN JESUS CHRIST."

I AM DEEPLY GRATEFUL FOR THE OPPORTUNITY TO PARTNER WITH THE SAVIOR IN SHARING HIS LOVE THROUGH MY ACTIONS AND WORDS. HE IS THE BEST PARTNER ANYONE CAN HAVE.

I KNOW OUR SAVIOR LIVES. I KNOW HE LOVES US. AS WE MINISTER TO ONE ANOTHER WITH LOVE, WE ARE ALL BLESSED AND BECOME BETTER DISCIPLES OF CHRIST.

MUCH LOVE,
ALLISON SINE
1ST COUNSELOR STAKE RS PRESIDENCY

CALENDAR EVENTS

FEBRUARY 2025

WELFARE ASSIGNMENTS

DESERET BAKERY
SEE ASSIGNMENTS ON PAGE 6

UNIV. 2ND BRANCH ASSIGNMENT

EMIGRATION WARD

SUN FEB. 2

WORLDWIDE DEVOTIONAL
YOUNG ADULTS WITH ELDER AND
SISTER UCHTDORF 6:00 PM

THURS. FEB. 6, 13, 20, 27

STAKE RS DISCUSSION SERIES
10 AM STAKE RS ROOM & ZOOM

SUN FEB 9

WARD CONFERENCE SM AND IH

SUN. FEB 23

WARD CONFERENCE PR AND MP

LOOKING AHEAD

SAT MARCH 1

HOPE, HELP AND HEALING UCAP
CONFERENCE

SAT MARCH 15

FEED UTAH FOOD DRIVE

SUN. MARCH 16

WORLDWIDE RS DEVOTIONAL
(GATHER ON A WARD LEVEL)

STAKE RS ACTIVITY NEW DATE!

THURS APRIL 24
6:30-8:00 PM



PRESIDENT: LISA ROSE 801.558.6844
1ST COUNSELOR: ALLISON SINE 435.773.3253
2ND COUNSELOR: AMY CURTIS 801.556.3083
SECRETARY: LORRI CARRELL 801.647.4510





Monument Park Stake Relief Society Winter 2025 Discussion Series

“GREAT THINGS AWAIT YOU”

D&C 45:62

PREPARING FOR THE SECOND COMING OF JESUS CHRIST



Painting by Michael Malm, copyright©2023 Church of Jesus Christ of Latter-day Saints

THURSDAYS @ 10 AM

JAN 23-FEB 27

**JOIN US IN THE MP STAKE
RELIEF SOCIETY ROOM
OR VIRTUALLY ON ZOOM**

*To access the study outline
please scan the QR code*



**JAN 23 – JANE ROGERS
THEY SHALL SEE SIGNS AND WONDERS**

**JAN 30 – MERIKAYE MOORE
SACRED RHYTHMS, HOLY RITUALS,
SANCTUARIES OF STRENGTH**

**FEB 6 – MISSY BERGSTEDT
ABIDE THE DAY**

**FEB 13 – JANE ROGERS
THE HEART OF THE MATTER**

**FEB 20 – ELAINE THORNTON
HOLY WOMEN**

**FEB 27 – MERIKAYE MOORE
RECEIVE THE LORD**



WOMEN OF FAITH

GREAT THINGS AWAIT YOU - DISCUSSION SERIES

PLEASE ANNOUNCE THE DISCUSSION
SERIES IN YOUR RS LESSONS.

THANK YOU TO OUR PHENOMENAL
TEACHERS AND THEIR PREPARATION!

DOUBLE CLICK [HERE](#) FOR ZOOM LINK

MEETING ID: 929 7795 6159
PASSCODE: 242674

DOUBLE CLICK [HERE](#) FOR STUDY
OUTLINE

THE DISCUSSION SERIES INFORMATION
IS ALSO AVAILABLE ON OUR [MP STAKE
WEBSITE](#) MPSTAKE.ORG. CLICK ON
"ORGANIZATIONS," THEN "RELIEF
SOCIETY."



**Did you know that there is a
statue of Martha Hughes
Cannon in the U.S. Capitol
Visitor Center?**

Born in Wales, Martha moved
to Utah with her family after
they joined the Church of
Jesus Christ of Latter-day
Saints.

Martha became a physician, a
suffragist, and the first
woman state senator in the
United States and the state of
Utah.

Relief Society general
president Camille N. Johnson
said of Martha, "She was
determined. She was
tenacious, and I hope that
women — my daughters, my
granddaughters, my great-
granddaughters — will look at
Martha Hughes Cannon and be
inspired by her example.

We've been asked by our
Prophet [President Russell M.
Nelson] to stand up and speak
out, and she is a beautiful
example of that." To read
more, click below.



WORLD WIDE DEVOTIONAL FOR YOUNG ADULTS

SUNDAY, FEBRUARY 2, 2025 AT 6:00 PM MST



Elder Dieter F. Uchtdorf and Sister Harriet R. Uchtdorf will speak to young adults during a worldwide devotional on Sunday, February 2, 2025, at 6:00 p.m. MST.

All young adults ages 18–35 are invited to participate.

Please encourage young adults in your wards to plan a gathering and view the broadcast together

Double click [here](#) for Devotional Link

2025 Ward Conferences

The theme is:

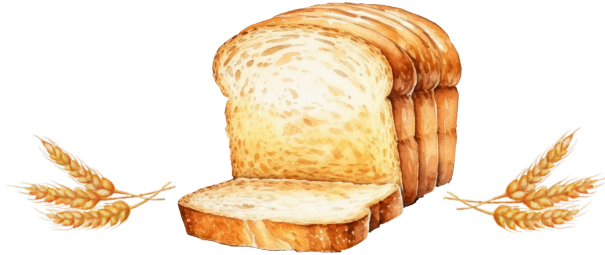
"Every sincere seeker of Jesus Christ will find Him in the temple."

The schedule is outlined below

<u>Sunday Conference</u>	<u>Ward</u>	<u>Sunday Block</u>
January 12	CV	9:30
	EC	12:00
January 26	WH	9:30
	SL6	12:00
February 9	SM	9:30
	IH	12:00
February 23	PR	9:30
	MP	12:00

FEBRUARY WELFARE ASSIGNMENTS

Deseret Bakery	Tuesday	18-Feb	10:00	14:00	4	Indian Hills	Assembly Line
Deseret Bakery	Wednesday	19-Feb	10:00	14:00	4	Emigration Canyon	Assembly Line
Deseret Bakery	Thursday	20-Feb	10:00	14:00	4	Salt Lake 6th	Assembly Line
Deseret Bakery	Friday	21-Feb	10:00	14:00	4	Monument Park	Assembly Line



SEMINARIES AND INSTITUTES



HELP CENTER IS AVAILABLE 24/7 AT

SI-HELP.CHURCHOFJESUSCHRIST.ORG

OFFERING A COMMUNITY FORUM AND ACCESSIBLE ANSWERS IN ONE PLACE.

WHAT FRIENDS CAN LEADERS, PARENTS, AND STUDENTS INVITE TO SEMINARY? "SCRIPTURE-BASED AND CHRIST-CENTERED LIFE PREPARATION LESSONS ARE NOW INTEGRATED INTO THE SEMINARY CURRICULUM WORLDWIDE. THESE LESSONS AIM TO HELP YOUTH NAVIGATE RELEVANT TOPICS SUCH AS SELF-RELIANCE, PHYSICAL AND EMOTIONAL HEALTH, TEMPLE AND MISSION PREPARATION, PREPARING FOR FUTURE EDUCATION AND EMPLOYMENT, AND OTHER TOPICS. YOUTH CAN EXPECT ONE TO TWO LIFE LESSONS TO COMPLEMENT TRADITIONAL SEMINARY LESSONS EACH WEEK."

AMERICAN SIGN LANGUAGE (ASL) SEMINARY AND INSTITUTE CLASSES ARE AVAILABLE. FOR REGISTRATION AND RESOURCES CLICK:

ASLSEMINARYANDINSTITUTE.COM OR CONTACT [RICK JENSEN](#), ASL SEMINARY AND INSTITUTE COORDINATOR.

Welcome to the S&I Help Center

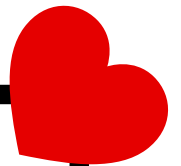
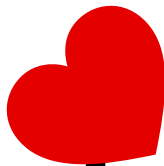
Search for answers to your questions within our knowledge library and community by entering keywords below.



A NEW BANNER IS NOW POSTED ON THE JUSTSERVE WEBSITE HOMEPAGE WITH A LINK TO HELP FOR THE LA COUNTY FIRE.

THE LINK GOES TO A VOLUNTEER CENTER ON JUSTSERVE WHERE PEOPLE CAN CHOOSE TO VOLUNTEER OR EVEN DONATE FUNDS TO THE MANY NONPROFITS THAT ARE PROVIDING LOCAL RELIEF.

CLICK ON THIS LINK: [JUSTSERVE LA COUNTY FIRE RELIEF 2025](#)



**Feed
Utah**

BENEFITING
 **UTAH FOOD BANK**
 & local pantries statewide

JOIN US IN MARCH

- **MARCH 3:** Stake Relief Society President delivers official door hangers to ward leadership
- **MARCH 10 - 13:** Official door hangers distributed to ALL homes within ward boundaries
- **MARCH 15:** Food will be placed outside doors by 9 am for pickup by local youth, then delivered to regional drop-off sites



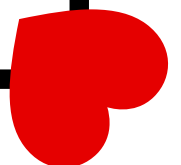
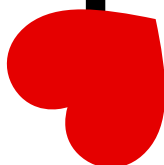
Scan here for volunteer sign-up, drop-off sites and more info:



Sign-up to volunteer at the Macey's on Parleys Way (2040 S. 2300 E.) on Saturday, March 15th by using the QR code or clicking one of the JustServe links provided here:

FeedUtah Volunteer 1st Shift 8:30 AM - 11:30 AM [double click here](#) or

FeedUtah Volunteer 2nd Shift 11:30 AM-2:00 PM [double click here](#)



COVENANT CORNER



WHAT IS THE GIFT OF THE HOLY GHOST?

"THE PRIESTHOOD ORDINANCE OF CONFIRMATION COMES AFTER A PERSON HAS BEEN BAPTIZED BY IMMERSION IN WATER. THE ORDINANCE IS ADMINISTERED BY THE LAYING ON OF HANDS BY ONE WHO HOLDS THE MELCHIZEDEK PRIESTHOOD. IT'S DURING THIS ORDINANCE THAT THE GIFT OF THE HOLY GHOST IS GIVEN. THE HOLY GHOST IS A MEMBER OF THE GODHEAD AND CAN BE A CONSTANT COMPANION TO THOSE WHO STRIVE TO KEEP THE COMMANDMENTS AND INVITE HIM INTO THEIR LIVES."

"WHILE SOMEONE IS BEING CONFIRMED A MEMBER OF THE CHURCH, HE OR SHE IS TOLD TO 'RECEIVE THE HOLY GHOST' THE GIFT OF THE HOLY GHOST IS NOT FORCED ON ANYONE. IT BECOMES THE RESPONSIBILITY OF MEMBERS TO INVITE THE HOLY GHOST TO BE WITH THEM"
([SEE DOCTRINE AND COVENANTS 88:33](#)).

RESOURCE: [GOSPEL TOPICS-THE GIFT OF THE HOLY GHOST](#)

- 1) What does covenant keeping look like in our everyday lives?
- 2) How can we help sisters make and keep sacred covenants?

HANDBOOK MOMENT



CONFIRMATION AND THE GIFT OF THE HOLY GHOST

AFTER A PERSON IS BAPTIZED, HE OR SHE IS CONFIRMED A MEMBER OF THE CHURCH AND RECEIVES THE HOLY GHOST BY THE LAYING ON OF HANDS (SEE DOCTRINE AND COVENANTS 20:41; ACTS 19:1–6). THE PERSON BECOMES A MEMBER OF THE CHURCH AFTER BOTH OF THESE ORDINANCES ARE COMPLETED AND PROPERLY RECORDED (SEE JOHN 3:5; DOCTRINE AND COVENANTS 33:11; 3 NEPHI 27:20).

RESOURCE: GOSPEL HANDBOOK 18:8

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

Utah Area

47 East South Temple Street
Salt Lake City, Utah 84150-1200

Please distribute via email to all members and have read in Elders Quorum and Relief Society meetings by Sunday, February 9, 2025.


Dear Brothers and Sisters:

We want to make you aware of the Utah Coalition Against Pornography's annual conference for *Hope, Help, and Healing*, to be held in person at the Karen Gail Miller Conference Center, 9750 South 300 West, Sandy, Utah on Saturday, March 1, 2025, from 9:00 AM to 1:30 PM. The conference will also be livestreamed. The keynote speaker will be Elder Patrick Kearon of the Quorum of the Twelve. More information can be found in the accompanying flyer and at utahcoalition.org.

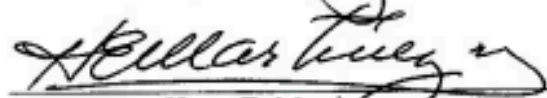
The purpose of the conference is to provide individuals, parents, couples, grandparents and leaders of youth with resources, education, protection, and hope as they face the challenges of dealing with increasing challenge and threat of pornography and new evolving technology.

We invite all to attend virtually or in-person.

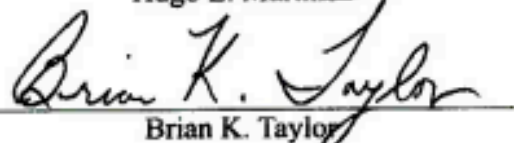
(Please share copies of the enclosed brochure.)



Kevin W. Pearson



Hugo E. Martinez



Brian K. Taylor
Utah Area Presidency

2025 UCAP Conference for *Hope, Help & Healing*

Karen Gail Miller Conference Center
9750 S 300 W, Sandy, UT 84070

March 1st | 9^{am} - 1:30^{pm}

Elder Kearon

Quorum of the Twelve Apostles
The Church of Jesus Christ of Latter-day Saints



Chelom E. Leavitt

Associate Professor
Brigham Young University



KEYNOTE SPEAKERS



UTAH COALITION
AGAINST
PORNOGRAPHY



To register please go to
utahcoalition.org
In Person and Online

Hope, Help & Healing





HEALING THROUGH THE SAVIOR: THE ADDICTION RECOVERY PROGRAM

**PLEASE BE AWARE OF THE ABUNDANCE OF RESOURCES
OUR CHURCH OFFERS TO THOSE WHO NEED HELP WITH
ADDICTIONS.**

**MEETING TIMES AND LOCATIONS FOR FREE,
CONFIDENTIAL SUPPORT GROUPS (IN PERSON OR
VIRTUAL)**

CAN BE FOUND HERE: SUPPORT GROUP.

**THE 12-STEP RECOVERY GUIDE, VIDEOS, PODCAST
EPISODES, AND STORIES OF HOPE CAN ALSO BE FOUND
ON THE WEBSITE AND IN THE GOSPEL LIBRARY.**