# MONUMENT PARK STAKE RELIEF SOCIETY NEWSLETTER

RS Vision: We are Women Disciples of Jesus Christ

#### DEAR RS PRESIDENCIES,

"There are many "Ones" out there for us to find and minister unto.

May we all strive to be shepherds over the Lord's flock in our individual realms of stewardship." Elder Quentin L Cook

Happy 100th birthday to our dear Prophet Russell M. Nelson. How blessed we are to have him leading and guiding the Church today. It is good to reflect on all the amazing things he has taught us and asked us to do to build our testimonies and move the work of the Kingdom along. We sing in Hymn 22 "We listen to a prophets voice and hear the Savior too. With love he bids us do the work the Lord would have us do."

As our gift to celebrate our Prophets birthday he has asked us to reach out to THE ONE. Just as our Savior did. I loved the suggestions on the official social media account of the Church of Jesus Christ of Latter-day Saints.

#### Ministering to the 1:

- \*Text the 1 who's been on your mind
- \*Make room for 1 more
- \*Visit the 1 who's alone
- \*Add 1 more set of hands
- \*Apologize to the 1 you've fallen out with
- \*Mourn with the 1 who mourns
- \*Serve 1 in the house of the Lord



We are so grateful and touched to watch as each of you dear leaders reach out in lifting, love and listening. What a difference all these gifted acts of service will make to many ONES. We love and sustain our Prophet and all of you.

Love, Amy Curtis

MP Stake RS Second Counselor

#### PRESIDENT:

LISA ROSE 801.558.6844

1ST COUNSELOR:
ALLISON SINE 435.773.3253

2ND COUNSELOR:
AMY CURTIS 801.556.3083

#### CALENDAR EVENTS

SEPTEMBER 2024
WELFARE ASSIGNMENTS
SEE ATTACHMENT

MP STAKE ADULT ED. CLASS SEPT 3, 10, 17, 24 TUESDAYS 10:00 AM ON ZOOM

### MP STAKE RELIEF SOCIETY DISCUSSION SERIES

SEPT 5, 12, 19, 26 THURSDAYS 10:00 AM AT THE STAKE CENTER AND ON ZOOM

## MP STAKE EMOTIONAL RESILIENCE CLASSES

SEPT 10, 17, 24 TUESDAYS 7:00 - 8:30PM AT THE STAKE CENTER

### NATIONAL DAY OF SERVICE PROJECTS

SEPT 7 MY HOMETOWN
8 TO 11AM
SEPT 7 EHS & HHS DONATIONS
9AM TO NOON
SEPT 11 SLEF DENTAL HYGIENE
KITS
6 TO 8 PM
SEPT 13 BIKE COLLECTIVE
DONATIONS
11 AM TO 2 PM

### PRESIDENT NELSON'S 100TH BIRTHDAY BROADCAST

SEPT 9 4:00PM

#### MP STAKE EMERGENCY PREP WATER STORAGE PRESENTATION

SEPT 18 7:00PM AT THE STAKE CENTER

#### RS PRESIDENTS' ROUNDTABLE

SEPT. 22 3:30PM ON ZOOM

LOOKING AHEAD: STAKE LEADERSHIP TRAINING THURSDAY, NOV. 7

#### STAKE RS FALL 2024 DISCUSSION SERIES

Monument Park Stake Relief Society Fall 2024 Discussion Series

# LIUING OUR SACRED TEMPLE PROMISES

THE HOLY COVENANTS





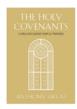
"A PERSPECTIVE THAT IS TIMELESS AND ETERNAL" NEIL L. ANDERSEN

JOIN US EVERY THURSDAY @ 10:00AM

SEP 5 - OCT 10

JOIN US IN PERSON IN THE MP STAKE RELIEF SOCIETY ROOM OR VIRTUALLY ON ZOOM

DISCUSSIONS LED BY
JANE BODNAR, JANE ROGERS
& MERIKAYE MOORE



We will be reading from Anthony Sweat's book, The Holy Covenants.



To access the complete reading outline please scan the QR code

#### SEP 5

The Order of the Son of God

#### **SEP 12**

The Law of Obedience

D&C 20:19,77 D&C 82:10

#### **SEP 19**

The Law of Sacrifice

3 Nephi 9:20

#### **SEP 26**

The Law of The Gospel

3 Nephi 27:13-16, 19-22

#### OCT 3

The Laws of Chastity & Consecration

D&C 121:45 Omni 1:26

#### **OCT 10**

The Endowment of Power

D&C 84:33-40 D&C 109:22

#### STAKE RS FALL 2024 DISCUSSION SERIES

Join Zoom Meeting - Stake RS 2024 Fall Discussion Series, Sep 5 - Oct 10, Thursdays @ 10:00am with teachers Merikaye Moore, Jane Rogers, and Jane Bodnar.

HTTPS://Z00M.US/J/99733250498?

PWD=H508RJUBCHXCYPDAKH5WWORVXTZD93.1

MEETING ID: 997 3325 0498

PASSCODE: 722732

Sisters can access the Discussion Series Schedule and Outline with the QR code on the poster or via the MP Stake Website. Go to <a href="Majority">Mpstake.org</a> and click on organizations, Stake Relief Society.

We will record each class and provide a link so that those who cannot attend at 10:00am on Thursday mornings will have an opportunity to listen later that day. Recordings will be deleted the next day per the general HANDBOOK instructions: "stream recordings of ward and stake meetings should be deleted within one day after the meeting." See 29.7.

# MP STAKE EMOTIONAL RESILIENCE COURSES FOR ALL

Our stake is pleased to announce that the Emotional Resilience class will be available this Fall. We are offering an "in person" class at the stake center. The course subjects include: Building Emotional Resilience, Healthy Thinking Patterns, Our Body and Emotions, Managing Stress and Anxiety, Understanding Sadness and Depression, Overcoming Anger, Managing Addictive Behaviors, Building Healthy Relationships, Providing Strength to Others, Moving Forward with Faith.

Emotional Resilience classes are excellent for everyone. It is a good blend of temporal and spiritual principles, and classes have blessed the lives of many. The class will be held on Tuesdays 7:00 – 8:30 p.m. beginning September 10th and will run through Oct 29th (8 weeks). The classes are part of the Church's Self-Reliance series. We are pleased to announce our facilitators will be Sue and Anthony Gloschat. To register, or if you have any questions, please contact Kim or Chris Johnson, our stake Self-Reliance Specialists, at <a href="mailto:cjvistaview@gmail.com">cjvistaview@gmail.com</a>. They will then send a registration link to the participants. Registration deadline is September 8th.

# THE MP STAKE ADULT EDUCATION CLASS TAUGHT BY DAN & LIS MCCONKIE ON ZOOM.

WE INVITE YOU to attend the Monument Park Stake Adult Education Class held each Tuesday at 10:00 a.m., this Fall. Our discussions will include Gospel Doctrine, teachings of the prophets and service opportunities. The Church offers to its members.



The teachers and presenters include representatives from each ward in the stake. If you would like to join the class, just send your email address to: dsmcconk@kmclaw.com and they will add you to their mailing list.

"And I give unto you a commandment, that you shall teach one another the doctrine of the Kingdom."

D&C 88:77

# THE 9/II NATIONAL DAY OF SERVICE PROJECT LINKS



#### PLEASE CLICK ON THESE LINKS TO SIGN-UP AND SERVE

# SATURDAY, SEPTEMBER 7 MY HOMETOWN ALLEYWAY CLEAN-UP

8 TO 11 AM MEET AT THE CANNON STAKE CENTER (934 FREMONT AVE). BRING WATER, GLOVES, RAKES, AND PRUNING EQUIPMENT.

HTTPS://WWW.SIGNUPGENIUS.COM/GO/10C0D45A5A92FA6F 58-50534781-MYHOMETOWN#/

# SATURDAY, SEPTEMBER 7 EAST HIGH AND HIGHLAND HIGH DONATIONS OF NON-PERISHABLE FOOD, CLOTHING, AND HYGIENE ITEMS.

9 TO NOON DROP ITEMS BY THE FLAGPOLE @ EACH SCHOOL. HTTPS://WWW.JUSTSERVE.ORG/PROJECTS/E01E0EBA-BDB7-4FE1-886B-056A66F352B1

HTTPS://WWW.JUSTSERVE.ORG/PROJECTS/30851A71-D8AD-460E-A427-1CD28CD1747D

# WEDNESDAY, SEPTEMBER II DENTAL HYGIENE KIT ASSEMBLY FOR THE SALT LAKE EDUCATION FOUNDATION

6 TO 8 PM MEET AT THE LIBERTY COMMUNITY LEARNING CENTER (1073 S. 300 E.)

HTTPS://WWW.JUSTSERVE.ORG/PROJECTS/6F56D903-B879-4E99-844C-5E61759EDF5E

## FRIDAY, SEPTEMBER 13 THE BICYCLE COLLECTIVE DONATIONS

11 AM TO 2 PM TAKE DONATIONS TO 325 W. 900 S. THEY ACCEPT USED BIKES, BIKE PARTS, HELMETS LESS THAN 5 YEARS OLD, BICYCLE CLOTHING, TOOLS AND EQUIPMENT. HTTPS://WWW.JUSTSERVE.ORG/PROJECTS/471CEE3E-4414-44A2-BC3B-542E41F93DD3

#### WOMEN OF FAITH

The Crestview Ward Relief
Society Presidency has been
reorganized. President Sheri
Brewer, first counselor Heidi
Lords, second counselor
Emily Benton, and secretaries
Diane Rivera Hawley and
Amanda Holbrook were recently
released. We admire the unity
and cohesion we observed within
their presidency. The Lord's
work progresses when our
hearts are knit together as one.



ONE BY ONE - WALTER RANE

With mixed emotions we extend a warm welcome to the new **Crestview Relief Society** President, Jill Olson who has recently been serving as our MP Stake RS Secretary. This newsletter won't be the same without her! We want to thank Jill for her discussion series tech mastery, and her example of being a woman of the covenant, and a disciple of Christ. Crestview will be blessed by her leadership and by the good women Tamara Dodd, first counselor, Sally Cannon, second counselor, and Dani Jackson, secretary who were called to serve with Jill. Best wishes!

# MY HOMETOWN

# NATIONAL DAY OF SERVICE



### **NEIGHBORHOOD CLEANUP PROJECTS**

September 7th @ 8:00 am
Cannon Stake Center

934 W Fremont Ave, Salt Lake City







**SCAN TO SIGN UP** 



OR CLICK HERE

Please bring work gloves, pruners, rakes, and water.

#### WELFARE ASSIGNMENTS

Deseret Bakery	Monday	30-Sep	10:00	14:00	4	Indian Hills	Assembly Line
Deseret Bakery	Tuesday	1-Oct	10:00	14:00	4	Wasatch Hills	Assembly Line
Deseret Bakery	Wednesday	2-Oct	10:00	14:00	4	Salt Lake 6th	Assembly Line
Deseret Bakery	Thursday	3-Oct	10:00	14:00	4	Crestview	Assembly Line
Deseret Bakery	Friday	4-Oct	10:00	14:00	4	<b>Emigration Canyon</b>	Assembly Line

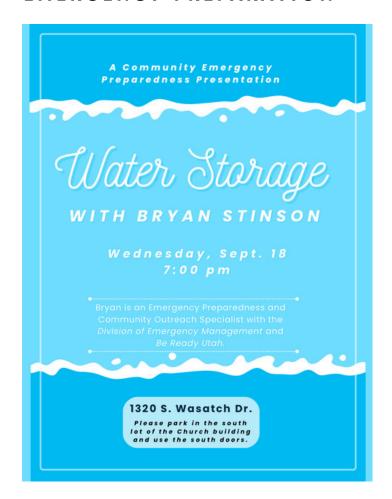
#### HANDBOOK MOMENT

GENERAL HANDBOOK INSTRUCTIONS WERE UPDATED ON AUGUST 19. 2024.

AMONG THE UPDATES SEE COUNSELING IN RS 9.2.1.2. AND RESPONSIBILITIES FOR HELPING SISTERS UNDERSTAND THE BLESSINGS OF A COVENANT RELATIONSHIP WITH GOD IN 9.3.2.2.

HTTPS://WWW.CHURCHOFJESUSCHRIST.ORG/STUDY/MANUAL/GE NERAL-HANDBOOK/SUMMARY-OF-RECENT-UPDATES?LANG=ENG

#### **EMERGENCY PREPARATION**



# PRESIDENTS' ROUNDTABLE

HOW CAN WE "MOURN WITH THOSE THAT MOURN?" MOSIAH 18:9

TOPIC: RS PRESIDENT'S
ROUNDTABLE FOR ALL OF
THE WARD RS
PRESIDENTS. IF YOU
CANNOT JOIN US, PLEASE
SEND A COUNSELOR.

TIME: SEP 22, 2024 03:30 PM MOUNTAIN TIME (US AND CANADA)

JOIN ZOOM MEETING

HTTPS://US06WEB.ZOOM.
US/J/85927256414?
PWD=2KRWJGW9CVMTZXY
ZJINVB0D6VG9DY0.1

MEETING ID: 859 2725

6414

PASSCODE: 136573